



The meaning of "Umrah" is "TO VISIT" The accomplishment of Umrah at least once in a lifetime is Sunnat-e-Mu'akkadah. The Umrah performed during the auspicious month of Ramadaan supercedes that Umrah completed in other days. Bukhari Shareef states that Umrah in Ramadaan is equal to Hajj.

The Prophet (s.a.w.) said : "Umrah is an expiation for sins committed between one Umrah and the next; but Hajj which is accepted will receive no less reward than Paradise."

This guide is How to perform Umrah perfectly.

- Take bath and Put an Eham before crossing the Meequat boundary.
(People doing Umrah from India, Pakistan and Bangladesh should wear Eham From their home or Airport of their respective countries. If you reach Jeddah Airport Without wearing an Eham a DAM (Penalty) will be Wajib, Dam means you will have to give Qurbaani of a Goat within Haram Boundary)
- Males to perform 2 Rakaats Namaaz Nafil by covering head with the upper cloth sheet.
- After Salaam, males to uncover head (not females) say Niyyah of Umrah followed by Talbiah thrice.
- Continue to read Talbiah every now and then till you come opposite to Hajar-e-Aswad.
- Proceed to Makkah-e-Mukarramah (City) and enter Masjid-e-Haram preferably through Babus-Salam.
- Come opposite to Hajar-e-Aswad and stop Talbiah.
- Perform whole Tawaaf (7 times) with Izh-tibaa and do Ramal in first 3 rounds of Tawaaf with a total of 8 Istilaams.
- Perform 2 Rakaats Wajibut-Tawaaf better behind Maquam-e-Ibrahim; otherwise any where in Majsid-e-Haram.
- Go to Multazzam if possible and then drink Zam-Zam water by facing towards Kaabah Standing position.
- Go to Safa and there commence Sa'ee by making 7 trips between Safa and Marwah (Starting with Safa and ending on Marwah).
- Shave or trim the hair of the head.
- Perform 2 Rakaats Nafil in Masjid-e-Haram.
- Umrah is complete remove Eham, take bath, put on normal clothes.
- Be free from all Eham restrictions.



Meanings of Important Terms used above

- **Ehram:** 2 white cloth pieces unsewn, particularly only for males.
- **Babu-Salam:** one of the entrance.
- **Izh-tibaa:** One has to take one portion of Ehram's upper cloth sheet below right armpit and put it upon left shoulder in such a way that both the portions of Ehram's upper sheet come upon left shoulder and right hand's arm and shoulder remaining fully uncovered.
- **Ramal:** Sunnah for males only in which one has to walk hastily, taking short steps and chest out with moving shoulder simultaneously.
- **Istilam:** To place both palms on the Hajar-e-Aswad and kiss the Hajar between 2 palms.
- **Hajar-e-Aswad:** A black stone fixed in the wall of Kaabah and by kissing it or doing Istilaam, the Tawaf commences and also terminates there only.
- **Maquam-e-Ibrahim:** Footsteps of Hazrath Ibrahim (AlaisSalam).
- **Mas'aa:** Lengthy land area for Sa'ee between Safa and Marwah.
- **Meequat:** Fixed places in all the 4 direction around Kaabah, from where it is wajib to put on Ehram.
- **Multazam:** The space between Hajar-e-Aswad and Bab-e-Kaabah where it is sunnah to make dua by embracing the wall of Kaabah.
- **Sa'ee:** To make 7 trips between 2 rocky mounts commencing from Safa and terminating on Marwah.
- **Tawaaf:** To make 7 rounds around Kaabah.
- **Zam-Zam:** It is a well of Sacred Water now in Mataaf.
- **Mataaf:** Vast open ground around Kaabah for Tawaaf.

Fi'amanillah.

If you have any confusions or need any further clarification for doing Umrah please do not hesitate to call us : 09967 786 446 , 0998 786 4449