



RAHAT GROUP – FOOD MENU (Deluxe)

BREAKFAST MENU		LUNCH MENU	
DAYS	ITEMS	DAYS	ITEMS
1 st Day	Bread, Keema, Mixed Fruit Jam, Boiled Eggs, Juice, Water.	1 st Day	Chicken Curry or Rogan Gosht with Rice & Roti , Daal or Veg Curry, Salad, Cold Drinks
2 nd Day	Omlette + Bread, Mixed Fruit Jam , Boiled Eggs , Juice, Water.	2 nd Day	Chicken Kalimirchi or Aloo Gosht, with Rice & Roti, Daal or Aloo Gobi, Cold Drinks.
3 rd Day	Bread, Mixed Fruit Jam , Butter, Boiled Eggs , Jam, Juice, Water.	3 rd Day	Beef Masala or Chicken Curry, with Rice & Roti, Daal or Mix Vegetable, Salad, Cold Drinks.
4 th Day	Bread, Aloo Keema, Boiled Eggs , Mixed Fruit Jam , Juice, Water.	4 th Day	Kheema Aloo, Butter Chicken with Rice & Roti, Daal or Veg Curry, Cold Drinks.
5 th Day	Aloo Parotha, Boiled Eggs , Mixed Fruit Jam , Juice, Water.	5 th Day	Chicken Fry, Green Chicken with Rice & Roti, Daal or Sabzi, Salad, Cold Drinks.
6 th Day	Cake, Crossaints, Boiled Eggs , Mixed Fruit Jam , Juice, Water.	6 th Day	Mutton Curry or Daal Gosht with Rice & Roti, Veg Curry, Cold Drinks.
7 th Day	Omlette with Parota, Boiled Eggs , Mixed Fruit Jam , Juice, Water.	7 th Day	Chicken Curry or Mutton Do Pyaaza, with Rice & Roti, Daal or Veg Curry, Salad, Cold Drinks.
8 th Day	Bread, Mixed Fruit Jam , Butter, Boiled Eggs , Juice, Water.		

DINNER MENU	
Days	ITEMS
1 st Day	Chicken Biryani, Raita, Veg Curry, Salad, Dudi ka Halwa (Sweet)
2 nd Day	Kheema Muttor with Rice & Roti, Veg Curry, Green Salad, Suji Ka Halwa (Sweet)
3 rd Day	Mutton Palak with Rice & Roti, Veg Curry, Daal, Salad, Kheer(Sweet)
4 th Day	Chicken Fry with Rice & Roti, Daal Palak, Daal, Salad, Zarda (Sweet)
5 th Day	Beef Fry with Rice & Roti, Dal Palak, Salad, Pao Ka Halwa (Sweet)
6 th Day	Chicken Curry with Rice& Roti, Veg Curry, Daal, Gajar ka Halwa (Sweet)
7 th Day	Mutton Methi with Rice & Roti, Veg Curry, Daal, Shahi Tukda (Sweet)

Tea will be provided in breakfast only.

Sweet will be given in Evening and Cold Drinks in Afternoon.

Fruit Juices will be given only in Breakfast.

Menu Items are tentative and not fixed and can be changed as per situation demands

Food will be served on Fixed timings...

BREAKFAST : 8.30 a.m. till 10.30 am

LUNCH: After Zohar till 2.30 pm

DINNER : After Isha till 10.30 pm

Any person coming late will have to arrange for his own food. Infant's Medical patients to arrange for their own food.